Suggested List of Clothing

##### KIT LIST



#### **Waterproof Jacket & Trousers** - If you have your own

**Warm Jumpers** - A number of thin sweaters are better than one thick

sweater

**Warm Trousers** - 3 pairs. Jeans are not suitable for outdoor activities,

tracksuit trousers etc. are more comfortable.

Full-length trousers are required for horse riding – you will not be allowed to ride in shorts.

###### Warm Anorak or Coat

###### Gloves, Hat & Scarf

###### Thick Socks

**Boots**  - Walking and/or Wellington boots

**Training Shoes (or similar)** - Bring at least two pairs - of which one pair may be used for water sports.

**Sturdy Shoes** - With heel for horse riding (horse riding is not available for weekend breaks)

**Casual Clothes** - For evening use

**Swimming Costume & Towel** - And goggles if needed

**Towels** - Towels are not provided by the centre

###### Sun cream, Sunglasses, Sun hat/ Baseball cap

###### Alarm clock/ watch

If you need to wear glasses on activities you may like to purchase a lanyard or Croakie

## **All articles of clothing should be clearly labelled**Lost property not claimed will be disposed of after 3 months

We provide the following equipment

(But if you have your own you may prefer to bring it with you)

Day Sac

Riding Hats

Life Jacket/Buoyancy Aids

Specialist Outdoor Equipment